

CLAIMS:

I claim:

1. A boneless sliced meat having its meat arranged in the form of a continuous spiral cut about an axis of the meat, the axis being created by the temporary insertion of a support member in the meat, wherein the depth of said cut is limited to leave an uncut core of meat, said core being of sufficient cross-section to cause the boneless sliced meat to retain its shape when the support member is removed.
2. A boneless sliced meat product of claim 1, wherein said product being made by the process of inserting a temporary support member through the meat product, rotating the meat product around the axis of the support member, moving a blade into the meat product, adjacent one end of the support member, with the blade lying in a plane substantially perpendicular to the longitudinal axis of the support member, moving the blade along an axis parallel to the axis of rotation of the support member to produce a spiral cut in the meat, limiting the depth of the cut to leave a central core of uncut meat around the support member, and, after slicing, removing the temporary support member, wherein said central core of uncut meat is of sufficient cross-section to cause the boneless sliced meat product to retain its shape when the support member is removed.
3. A boneless sliced meat product of claim 1, wherein the point of entry of the support member defines a first end and the point of exit of the support member defines a second end and wherein the meat is sliced to within 1 inch of said first and second ends.
4. A boneless sliced meat product of claim 1, wherein the point of entry of the support member defines a first end and the point of exit of the support member

defines a second end and wherein the meat is sliced to within $\frac{1}{2}$ of an inch of said first and second ends.

5. A boneless sliced meat product of claim 1, wherein the point of entry of the support member defines a first end and the point of exit of the support member defines a second end and wherein the meat is sliced to within $\frac{1}{4}$ of an inch of said first and second ends.
6. A boneless sliced meat product of claim 1, wherein the point of entry of the support member defines a first end and the point of exit of the support member defines a second end and wherein the meat is sliced to within $\frac{1}{8}$ of an inch of said first and second ends.
7. A boneless sliced meat product of claim 1, wherein the point of entry of the support member defines a first end and the point of exit of the support member defines a second end and wherein the meat is sliced from within $\frac{1}{4}$ of an inch to within 1 inch of said first and second ends.
8. A method of slicing a boneless meat product comprising: inserting a temporary support member through the meat product, rotating the meat product around the axis of the support member, moving a blade into the meat product adjacent one end of the support member, with the blade lying in a plane substantially perpendicular to the longitudinal axis of the support member, moving the blade along an axis parallel to the axis of rotation of the support member to produce a spiral cut in the meat, limiting the depth of the cut to leave a central annular core of uncut meat around the support member, said core being of sufficient cross-section to cause the boneless sliced meat to retain its shape when the support member is removed, and, after slicing, removing the temporary support member.

9. An accessory for supporting a boneless meat product, for use in conjunction with a spiral meat slicer having upper and lower chucks, said accessory comprising: a spit assembly including a spit and a base for supporting said spit, said spit having an apex and a foot being attached to said base;
- a stop member carried by said spit; and
- a spindle assembly including an aperture for receiving the apex of said spit, wherein the cross section of said spit and said corresponding aperture are designed for transferring torque from the spit to the spindle assembly.
10. An accessory of claim 8, wherein the spit and corresponding aperture have a substantially quadrilateral cross section.
11. An accessory of claim 8, wherein the spit and corresponding aperture have a substantially hexagonal cross section.
12. An accessory of claim 8, wherein the spit and corresponding aperture have a substantially cruciform cross section.
13. An accessory of claim 8, wherein the spit and corresponding aperture have a substantially pentagonal cross section.